CURRENT ASPECTS OF MODERNIZING APPROACHES TO IMPROVING THE HEALTH OF THE CHILD POPULATION

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Healthcare in Uzbekistan is one of the most important medical and social functions of the state, and the basic legislation in the field of healthcare. Improving the overall health of the population is one of the key objectives of modern healthcare systems.

Relevance: Maintaining and improving public health is a crucial task for the state and society. The domestic healthcare system has always faced, and continues to face, the challenge of finding ways to positively improve the health of children and adults.

Objective: To analyze the importance and necessity of population health, promoting improvement such as examining the concepts of health, promoting healthy lifestyles, and improving access to health services. The overall health of the population is a key indicator of quality of life and societal well-being. Modern challenges such as epidemics, chronic diseases, and socioeconomic factors require a comprehensive approach to improving health at the individual and community level. For example, vaccination against infectious diseases such as influenza, measles, and hepatitis significantly reduce the risk of infection and the spread of diseases within a community. Vaccination is a powerful tool for improving overall public health and preventing the spread of infectious diseases. The social and preventive direction of healthcare is a complex of socio-economic and medical measures aimed at strengthening and maintaining the health of the population. The preventive direction of healthcare cannot be reduced to just

individual medical measures, including the implementation of hygiene measures, vaccination, compliance with sanitary legislation, and others.

Materials and methods of the study: The study material consisted of the population and practicing physicians in the primary health care of the city of Tashkent.

Results: Analysis of the survey data showed that the following responses were received to the question, "What functions are assigned to doctors to improve the general health of the population": 26% of respondents believe it is necessary to conduct propaganda work among the population, improve the medical literacy of the population, conduct in-depth medical examinations, and conduct explanatory work. Nine percent of respondents also cited options such as identifying primary diseases, timely care, conducting medical examinations, and being responsible for tasks that are fundamental to maintaining public health. Research has shown that basic legislation in the field of healthcare includes: the state guarantees the rights of citizens to health protection; the formation of a healthy lifestyle; government agencies, enterprises, institutions, organizations, public associations of citizens in the field of legal regulation of health protection

Conclusions: The study allowed us to conclude that in the development of public health promotion, institutional interaction between various actors is of great importance, as it is an important specific factor in the implementation of a systems approach in the context of preventing and solving problems of developing a healthy lifestyle for the population.

Citizens have the right to receive reliable and timely information about factors affecting their health, including information about the sanitary and epidemiological well-being of the territory of residence, rational nutritional standards, on work, services, their safety, and compliance with sanitary norms and regulations. In conclusion, it should be noted that, over the years of independence, our country has carried out large-scale reforms in healthcare,

thanks to which significant progress has been made in improving the health of the population.

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